

Seafood Dishes

Garlic Piazza Chilli Fish 13.95
Telapiya cooked with hot spices and onions.

Machli Jalfrezi 14.95
White fish cooked with green chillies and capsicums in a fairly hot sauce.

House Thalis

House Thali for 4 68.00
Spicy Papadoms and Kebab Platter starters, followed by Meat Roghan, Prawns Palak, Chicken Tikka Massala, and Chicken Pathia accompanied with Vegetable Bhaji, Mushroom Masala, Pilau Rice and Naan.

Vegetable Dishes

Side: 4.95 Main: 7.95

Vegetable Curry
Mixed vegetables cooked with spices in a medium sauce.

Saag Aloo
Spicy combination of spinach and potatoes.

Bombay Aloo
Spiced potatoes, served fairly dry.

Aloo Gobi
Sautéed potatoes and cauliflower cooked with tomatoes + green peppers, in medium spices.

Rice

Boiled Basmati Rice 3.00
Pilau Rice 3.50
Mushroom Rice 3.95

Indian Breads

Naan 3.00
Keema Naan 3.75
with spiced minced meat.
Peshwari Naan 3.75
with coconut, almonds and raisins - sweet
Garlic Naan 3.75
Coriander, Garlic & Chilli Naan 3.95

Sundries

Chips 2.95
Spicy Chips slightly hot 3.95
Scampi & Chips 9.95
Chicken Nuggets & Chips 8.95
French Fried Chicken & Chips 10.95

Dhandiya Telapiya 14.95
Lightly spiced Telapiya fish, gently baked in the tandoor, cooked with onions, tomatoes and spice.

Salmon Tikka Hyderi 16.95
Fillets of Salmon skewered in the tandoor and cooked in a medium spices sauce.

House Thali for 2 38.00
Spicy Papadoms, Chicken Tikka and Sheik Kebab starters followed by, Meat Dhansak, and Chicken Tikka Masala accompanied with Bombay Aloo, Mushroom Masala, Pilau Rice + Naan.

Vegetable Thali for 2 28.00
Vegetable Samosa and Onion Bhaji starters followed by, Palak Paneer, Mushroom Masala, Sabzi Masala and Kahbuli Chana Masala, accompanied with Boiled Rice and Naan.

Bhaingan Bhagari
Aubergine cooked in spices, onions, and peppers topped with a hint of coriander.

Cauliflower Bhaji
Cauliflower cooked dry with onions and tomatoes with medium spices.

Mushroom Bhaji
Mushrooms cooked with onions, tomatoes + spice.

Tarka Dhal
Lentils cooked in butter, spices, garlic + coriander.

Saag or Matar Paneer £1 EXTRA
Spinach or chick peas an Indian cheese with mild spices.

Saag Rice with spinach. 3.95
Keema Rice with minced meat. 3.95
Special Fried Rice 3.95
with egg and peas.
Vegetable Rice 3.95

Paratha Lightly fried layered bread. 3.25
Chilli Aloo Paratha 3.95
with potato & chilli.
Chapati 2.50
Thin soft baked bread.
Tandoori Roti 3.00
Indian unleavened bread baked in the tandoor.

Raitha 2.50
Cucumber or Onion in mildly spiced yoghurt
Papadoms Crispy Bread 80p
Masala Papadoms 90p
Spiced Crispy Bread
Chutney Tray 3.00
Individual Dips 75p

Mumtaz

MENU

10% DISCOUNT ON COLLECTION ORDERS OVER £20

FREE LOCAL DELIVERY ON ORDERS OVER £20 (RESTRICTIONS APPLY)

**478 – 480 Mumbles Road
Mumbles, Swansea, SA3 4BX
Tel: 01792 367210 / 01792 367196**



IF POSSIBLE PLEASE USE OUR WEBSITE, APP OR SCAN OUR QR CODE TO PLACE YOUR ORDER.

www.mumtazmumbles.co.uk

OPENING HOURS:

Monday - Thursday: 5.30pm - 11pm

Friday & Saturday: 5.30pm - 11.30pm

Sunday: 5.30pm - 10.30pm

FOOD ALLERGIES + INTOLERANCES

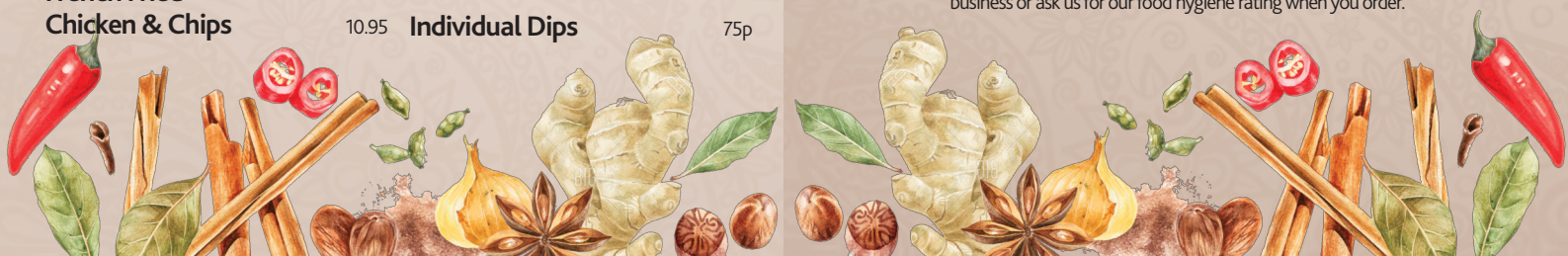
Please speak to our staff about the ingredients in your meal, when making your order

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Starters

Chicken or Lamb Tikka 4.50	Prawn Puri 5.95
Chicken or lamb marinated in yoghurt with spices, skewered in the tandoor	Spiced prawns served with fried bread.
Sheek Kebab 4.95	Kebab Platter 5.95
Minced lamb with herbs + spices, skewered in the tandoor.	Sheek kebab, chicken and lamb tikka.
Tandoori Chicken on the bone 4.95	Mahashash 4.95
Chicken marinated in yoghurt with herbs and spices skewered in the tandoor	Cabbage leaf with spiced minced lamb and rice - hot, sweet and sour
Tandoori King Prawn 2 pieces 7.95	Aloo Chaat 3.95
Mildly spiced king prawns cooked in the tandoor.	Potatoes in a sweet and sour sauce – fairly dry
King Prawn Butterfly 7.95	Shami Kebab 4.95
Spiced king prawn covered with breadcrumbs and deep fried.	Spiced mince lamb pattie shallow fried
Chicken or Meat Chaat 4.95	Sonali Fry 5.95
Marinated chicken or meat fried in butter with lemon, tomato and cucumber, sweet & sour.	Whitebait fried with green chillies and spices.
Samosa 4.50	Lamb Chops 2 pieces 7.50
Pastry stuffed with meat or veg	Lamb chops marinated in spices and skewered in the tandoor
Onion Bhaji 3.95	Salmon Tikka 7.50
Onions, gram flour and herbs shaped into round cakes and deep fried.	Fillet of salmon lightly spiced and cooked in the tandoor
	Paneer Tikka 4.95
	Indian cheese marinated with spices and cooked in the tandoor

Specialities of the Tandoor

Tandoori dishes are marinated in unique spices then skewered and cooked in the tandoor (Clay Oven)

SERVED WITH GREEN SALAD + MINT YOGHURT SAUCE.	Lamb Chops 4 pieces 14.95
	Lamb chops marinated with herbs + spices
Tandoori Chicken one the bone 9.95	Tandoori Mixed Grill 14.95
Half Chicken marinated in yoghurt with herbs + spices	Tandoori chicken, lamb tikka, chicken tikka and sheek kebab served with a naan bread.
Chicken or Lamb Tikka 8.95	Tandoori King Prawn 4 pieces 15.95
Chicken or lamb marinated in yoghurt + spices	Mildly spiced premium king prawns
Chicken or Lamb Shashlik 11.95	Salmon Tikka 14.95
Chicken or lamb, onions, tomatoes, and capsicums marinated in yoghurt + spices	Salmon lightly spiced with herbs + spices,
Chicken Tikka Salad 11.95	Paneer Shashlik 10.95
Chicken tikka tossed with garlic and olives served with a special salad	Indian cheese spiced in a special tandoori paste and skewered with onions, tomatoes and capsicums.

Balti Dishes

Marinated in a specially prepared recipe of dried herbs and onions, cooked with authentic Indian spices - medium spiced dish served with Naan or Tandoori Roti

Chicken, Meat or Prawn Balti 10.95	Chicken or Meat Shashlik Balti 11.95
Chicken Tikka Balti 11.95	Lahore Special Balti 12.95
Vegetable Balti 9.95	Chicken, Meat and Prawns
King Prawn Balti 16.95	

Spices of Goa

Shakuti Chicken or Meat 8.95	Jhinga Caldeen 15.95
Chicken or Meat with coconut cream and spices in a hot, sweet and sour sauce.	King Prawns with garlic, ginger, lime juice, coconut and green chillies.
Goa Chicken or Meat 9.95	Goa King Prawn Massala 14.95
Fairly hot dish cooked with coconut, pineapple and a blend of rare spices.	King Prawns cooked with onions, tomatoes and Goan red masala.

LAMB OR PRAWNS £1 EXTRA

Applies to dishes with a choice of chicken, lamb or prawn

Traditional Dishes

Curry Medium, Madras or Vindaloo 7.95	Palak (Spinach) 8.50
Chicken, Meat or Prawn, in your choice of sauce	Chicken, Meat or Prawn cooked with spinach in herbs and spices.
Bhuna 7.95	Roghan Josh 8.50
Chicken, Meat or Prawn marinated with spices served in a medium spiced thick sauce.	Chicken, Meat or Prawn cooked with tomatoes and green peppers.
Dupiaza 7.95	Handi (Chicken, Meat or Prawn) 8.95
Chicken, Meat or Prawn cooked with onions in a medium spiced sauce.	Served in its own saucepan to keep its flavour, cooked in a slightly hot sauce.
Pathia 8.50	Handi Silsilay 9.95
Chicken, Meat or Prawn cooked in slightly sweet, sour and hot sauce with tomatoes.	(Chicken, Meat or Prawn) A traditional handi dish cooked with mushrooms.
Korma 8.50	King Prawns 14.95
Chicken, Meat or Prawn cooked with mild spices in a creamy sauce.	Any of the above dishes with King Prawns.
Dhansak 8.50	
Chicken, Meat or Prawn cooked in slightly sweet spices with a hot lentil sauce.	

Biryani Dishes

All Biryani dishes are cooked with basmati rice, flavoured with mild spices.
Served with a vegetable curry sauce.

Chicken, Meat or Prawn Biryani 9.95	Vegetable Biryani 8.95
Chicken Tikka Biryani 10.95	Tandoori Chicken Biryani 11.95
	Tandoori King Prawn Biryani 15.95
	Special Biryani 15.95
	A combination of chicken tikka, meat and prawns

Indian Regional Dishes

Chicken or Lamb Tikka Masala 8.95	Shah Jahani Chicken 9.95
Chicken or lamb, cooked in a luxuriously creamy sauce.	Chicken tikka, cooked with a sauce of herbs, garlic, tomatoes and onions, in fairly hot sauce.
Tandoori Chicken Masala 9.95	Gosht Kata Masala 9.95
Tandoori chicken cooked in butter and a creamy sauce.	Meat cooked with onions, ginger, garlic and garam masala.
Chicken or Meat Badam Passanda 8.95	Murgh Bengal 8.95
Chicken or meat marinated in yoghurt cooked with cream, ground nuts and spices.	Chicken marinated in Bengali spices, cooked in the tandoor. Served in a slightly hot sauce garnished with eggs and tomatoes.
Kochi Murgh 8.95	Tandoori King Prawn Massala 14.95
Chicken cooked in garlic & ginger, spiced sauce garnished with fried onions.	Baked in the tandoor, simmered with delicate medium spices, tomatoes, butter and cream.
Chicken Makhani 8.95	Tak-A-Tin 10.95
Chicken flavoured with herbs and spices, cooked in purified butter.	(served with a Balti or Pathia sauce) Chicken or meat, cooked with the chef's favourite seasonal ingredients and spices.
Chicken or Lamb Jalfrezi 8.95	Murgh Massalam 9.95
Chicken or lamb, with green chillies, capsicums, coriander and ginger, in a hot spicy sauce.	Grilled chicken marinated in spices with minced meat and egg cooked in a special curry sauce.
Karahi Chicken or Lamb 8.95	Sali Boti 9.95
Chicken or lamb marinated in spices, cooked with onions, green peppers, tomatoes in a medium sauce.	Meat cooked with apricots in spicy masala. Lavishly garnished with straw potatoes.
Nawabi Chicken 8.95	Naga (Chicken or Lamb) 9.95
Mildly spiced chicken, blended with almonds, mixed ground nuts and cream	A fiery Sylheti pepper which works wonderfully well with spices to create a hot but distinctively flavoursome dish.
Hasina Chilli Chicken 8.95	
Very hot chicken tikka cooked in garlic, green chillies and special spices.	



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