

# DESSERTS

**Double chocolate fudge cake**  £4.50

Triple layered and served warm or cold with fresh cream, ice cream or custard

**Red velvet cheesecake** £4.99

Served with chocolate sauce and mascarpone & cherry ripple ice cream

**Summer fruit pudding** £4.50

Served with crème fraiche

**Tiramisu**  £4.99

Light coffee-soaked sponge with a cream and mascarpone filling and a touch of Marsala. Served with Mario's bueno ice cream

**Mario's ice cream and sorbet selection** £3.99

Third-generation award winning Italian ice cream. Made in Wales from local ingredients.

**Choose 3 scoops from:**

- Vanilla pod  Gin, lemon & ginger 
- Bueno  Mascarpone & cherry ripple 
- Raspberry sorbet  Gin & tonic sorbet 



**Apple and blackberry tart**  £4.99

Served warm with raspberry sorbet

**Hot drink & mini dessert** £4.25

Enjoy any regular hot drink with one of our mini desserts

**Choose from:**

- Tiramisu  Red velvet cheesecake or
- Apple and blackberry tart 

# Super sundaes

**Black forest** 

Mario's vanilla pod and mascarpone and cherry ripple ice creams, layered with chocolate brownie pieces and cherry sauce, topped with whipped cream and a maraschino cherry

**Gin serve** 

Mario's gin, lemon and ginger ice cream, layered with crumbled honeycomb, gin and tonic sorbet, lemon sauce and whipped cream

**Warm chocolate fudge brownie** 

Mario's vanilla pod ice cream topped with crumbled chocolate flake, warm chocolate brownie pieces, whipped cream and warm chocolate sauce

**£5.50**  
EACH



# Hot drinks

	Reg	Large		Reg	Large
Espresso	£2.00	£2.30	Hot chocolate	£2.60	£2.90
Americano	£2.25	£2.55	Tea	£2.00	
Cappuccino	£2.35	£2.65	Liqueur coffee	£3.99	
Latté	£2.35	£2.65	Choose from:		
			Baileys Irish Cream, Captain Morgan's Rum, Jameson Irish Whiskey, Amaretto		



# DAYTIME SET MENU

**1 COURSE £6.50**  
**2 COURSES £8.99**

12-5pm MONDAY-SATURDAY

# EVENING SET MENU

**2 COURSES £9.99**  
**3 COURSES £12.50**

FROM 5pm DAILY

## STARTERS

Homemade soup of the day 

Garlic mushrooms 

Beetroot and carrot falafel bites 

Jerk chicken and slaw

## DAYTIME MAINS

**Fish and chips**

Sustainably sourced white fish served with chips, garden or mushy peas, fresh lemon and tartare sauce

**Ham, egg and chips**

With your choice of two fried or poached free range eggs

**6oz gourmet beef burger**

Pulled jackfruit and mixed grain salad 

Grilled chicken breast

Choose from:

Plain grilled or Cajun spiced

## EVENING MAINS

**6oz gourmet beef burger**

Chicken and bacon salad

**8oz rump steak**

\*£3.00 supplement applies

Battered halloumi and chips 

Grilled chicken breast

Choose from:

Plain grilled or Cajun spiced

Sweet potato, red pepper and spinach curry 

**Fish and chips**

Sustainably sourced white fish served with chips, garden or mushy peas, fresh lemon and tartare sauce

## DESSERTS

Double chocolate fudge cake 

Mario's sorbet selection 

Tiramisu 

Mario's ice cream selection 

Full descriptions of these meals can be found throughout the menu unless otherwise stated

# SANDWICHES SERVED MONDAY - SATURDAY, 12pm - 5pm

CHOOSE FROM CIABATTA OR SLICED MALTED BLOOMER. SERVED WITH CHIPS AND DRESSED SALAD LEAVES

**BBQ chicken melt**

With smoky BBQ sauce and melted Welsh Cheddar

£5.79

**Classic club sandwich**

A triple layer of toasted bloomer, chargrilled chicken, grilled back bacon and a fried free range egg with Welsh Cheddar, salad leaves, sliced tomato and light mayonnaise

£6.99

**Fish finger sandwich**

Cod goujons with tartare sauce

£5.79

**Welsh Cheddar and creamy slaw** 

£4.99

PLEASE REVIEW US ON TRIPADVISOR: [WWW.TRIPADVISOR.CO.UK/REVIEWIT](http://WWW.TRIPADVISOR.CO.UK/REVIEWIT)

To book a table, please speak to a member of the team

\*Terms and conditions apply. All items are subject to availability. Curry night and grill night offers available from 5pm. Approximate weights shown are prior to cooking. Some products may contain nuts or nut oils. Dishes marked with a  do not contain meat or fish. Dishes marked with a  are suitable for vegans. All our food is prepared in a kitchen where nuts, cereals containing gluten, and other allergens are present, and our menu descriptions do not include all ingredients. If you have a food allergy or intolerance, please let us know before ordering. For full allergen information on our food and drinks, please speak to a member of the team. Fish and poultry dishes may contain bones. Photographs are for illustrative purposes only. For full terms and conditions visit [www.sabrain.com](http://www.sabrain.com)

 Suitable for vegetarians  Suitable for vegans **500** 500 calories or less

# FOOD



## Starters

- Jerk chicken and slaw** £4.50  
Tender jerk chicken breast pieces served with creamy slaw and dressed salad leaves
  - Homemade soup of the day** £3.99  
Served with ciabatta and butter
  - Tandoori chicken skewers** £4.50  
Tandoori marinated chicken thigh pieces, skewered and served with a minted soured cream dip and dressed salad leaves
  - Cajun spiced calamari chunks** £4.99  
Served with a fresh lemon wedge, dressed salad leaves and a sweet chilli dip
  - Garlic mushrooms** £4.50  
Pan-fried in lemon, garlic and parsley, served on toasted ciabatta
- TOP WITH STILTON FOR AN EXTRA £1.00**



- Seaside fish 'n' chips** £5.50  
Cod goujons and sweet potato fries served in a chip shop style cone with a classic chip fork, fresh lemon and tartare sauce to dip
- Beetroot and carrot falafel bites** £4.50  
Served with tomato salsa, sweet chilli dip and dressed salad leaves

## SHARERS

- Platter of Buffalo chicken wings** £11.99  
Marinated in a mixture of BBQ, blue cheese and Frank's hot sauce
- Spicy jackfruit nachos** £6.99  
Tortilla chips topped with vegan cheese, spicy pulled jackfruit, tomato salsa, sweetcorn and coriander
- American-style nachos** £8.50  
Tortilla chips with melted Welsh Cheddar topped with American-style cheese sauce, smoked streaky bacon, American-style mustard, crispy fried onions, sliced dill pickles and a ranch dressing
- Double cheese nachos** £6.99  
Tortilla chips with melted Welsh Cheddar topped with American-style cheese sauce, coriander, soured cream and tomato salsa



- Ultimate sharing platter** £11.99  
BBQ Buffalo chicken wings, southern fried chicken fillets, tandoori chicken thigh skewers, bubble battered chicken, beetroot and carrot falafel bites, garlic ciabatta and nachos topped with melted Welsh Cheddar and spicy pulled jackfruit, with BBQ sauce and sweet chilli sauce dips



## CURRIES

ALL SERVED WITH CHIPS, PILAU RICE AND A POPPADOM

### WEDNESDAY CURRY NIGHT - 2 CURRIES FOR £13 FROM 5PM\*

- King prawn, red pepper and chickpea Goan curry** £9.99  
King prawns cooked with red pepper, onion and chickpeas, in a Goan-style sauce with coconut and warm aromatic spices, topped with fresh coriander
- Chicken jalfrezi** £8.99  
A favourite from the Bengal. Tender chicken breast pieces in a medium spicy onion and tomato sauce, with fresh herbs and coriander
- Sweet potato, red pepper and spinach curry** £8.99  
A medley of sweet potato, red pepper, spinach, chickpeas and onion cooked with a warm and aromatic sauce, flavoured with coconut and curry leaves and topped with fresh coriander
- Authentic-style chicken korma** £8.99  
Tender chicken breast pieces in an authentic-style mild korma sauce, with toasted almonds and fresh coriander
- Lamb rogan josh** £9.99  
Fresh, diced lamb cooked with caramelised onion and tomato, flavoured with cardamom and clove with a hint of garlic and ginger

### Add a little extra

- Garlic and coriander naan bread** £1.50  
Naan bread infused with garlic and coriander, with a pot of mango chutney
- Plain naan bread** £1.50  
Plain naan with a pot of mango chutney
- Indian selection bowl** £2.99  
A large vegetable samosa, large onion bhaji and two spinach pakoras

## FROM THE GRILL

ALL OUR STEAKS ARE 28 DAY MATURED AND COOKED TO YOUR LIKING



### TUESDAY GRILL NIGHT - 25% OFF ALL GRILLS FROM 5PM\*

## STEAKS ALL SERVED WITH CHIPS, FLAT MUSHROOM, ROASTED TOMATO & DRESSED SALAD LEAVES

- 8oz rump steak** £12.50  
We prefer ours cooked medium  
500 Swap your chips to salad
- 8oz sirloin steak** £14.99  
We prefer ours cooked medium-rare  
500 Swap your chips to salad
- 10oz rib-eye steak** £17.50  
We prefer ours cooked medium-well
- House mixed grill** £16.99  
Rump steak, gammon steak, chargrilled chicken breast, pork chop, pork sausage and two fried or poached free range eggs
- 8oz gammon steak** £9.99  
Served with fresh pineapple or two fried or poached free range eggs  
500 Swap your chips to salad

**ADD A SAUCE TO YOUR STEAK FOR £1.99**  
Choose from: Creamy peppercorn, blue cheese or bourbon glaze  
**OR ADD A GARLIC MELT FOR 99p**

## Ribs & chicken

- Bourbon glazed pork ribs**  
Slow cooked pork ribs coated with a caramelised bourbon glaze, served with chips, creamy slaw and dressed salad leaves
- Choose from:**
  - Full rack £13.99
  - Half rack £9.99
- Grilled chicken breast** £9.99  
Served with chips, creamy slaw and dressed salad leaves
- Choose from:**
  - Plain grilled
  - Cajun spiced
- Grilled chicken and rib combo** £12.99  
Grilled chicken breast and a half rack of bourbon glazed pork ribs served with chips, creamy slaw and dressed salad leaves

UPGRADE YOUR CHIPS TO SWEET POTATO FRIES ON ANY MEAL FOR JUST £1.49



## BURGERS

ALL SERVED IN A BRIOCHE ROLL WITH SALAD LEAVES, SLICED TOMATO AND RED ONION, WITH CHIPS AND CREAMY SLAW

### LOADED BURGERS £9.99 EACH

- Fully loaded black and blue burger**  
6oz gourmet beef burger packed with smoked streaky bacon, melted Stilton, blue cheese sauce and spiced apricot chutney, topped with beer-battered onion rings
- Fully loaded vegan burger** £9.99  
Beetroot, garlic and mint quinoa burger, topped with spicy pulled jackfruit and vegan cheese. Topped with beetroot and carrot falafel bites. Served with a mixed grain salad

- All American beef burger**  
6oz gourmet beef burger loaded with American-style cheese sauce, smoked streaky bacon, American-style mustard, crispy fried onions and ranch dressed salad leaves. Topped with dill pickles

- Double stacked chicken burger**  
Grilled Cajun chicken breast and southern fried chicken fillets, loaded with melted Welsh Cheddar and tomato salsa, topped with beer-battered onion rings

### HOUSE BURGERS £7.99 EACH

- 6oz gourmet beef burger**
- Spicy Monterey Jack and black-eye bean burger** £7.99

- Buttermilk chicken burger**  
Topped with garlic mayonnaise

- Breaded fillet of fish burger**  
Topped with tartare sauce

ADD AN EXTRA BURGER FOR £3.00 • ADD WELSH CHEDDAR OR GRILLED BACON FOR £1.00 EACH

## SUMMER FAVOURITES



- Hot-smoked salmon and king prawn salad** £9.99  
Chunks of salmon, hot-smoked and served cold, with king prawns, mixed salad leaves, tomato, cucumber, red onion, crunchy croutons and horseradish dressing
- Pulled jackfruit and mixed grain salad** £8.99  
Spicy pulled jackfruit with mixed grains, mixed salad leaves, tomato, cucumber, red onion, sweetcorn and fresh mint
- Pan-fried seabream fillets** £12.99  
Served with new potatoes, seasonal vegetables, fresh lemon and Hollandaise sauce
- Jerk chicken salad** £9.99  
Tender jerk chicken breast pieces on a bed of dressed salad leaves, coriander, tomato, cucumber, red onion and sweetcorn, with a pineapple and chilli salsa  
\*Top from each sale of this dish will go to: WELSH HEARTS CALONNAU CYMRU
- Chicken and bacon salad** £8.99  
Mixed salad leaves, tomato, cucumber and red onion, topped with grilled chicken breast, streaky bacon and ranch dressing  
500 Without dressing

## Pub classics

- Beer-battered cod and chips\*** £9.99  
Sustainably sourced and served with garden or mushy peas, fresh lemon, tartare sauce and dressed salad leaves
- Battered halloumi and chips** £8.99  
Served with garden or mushy peas, tartare sauce and dressed salad leaves
- Beef lasagne** £8.99  
Topped with Welsh Cheddar, served with a dressed house salad
- Wholetail breaded scampi** £8.50  
Served with chips, garden or mushy peas, fresh lemon, tartare sauce and dressed salad leaves
- Puy lentil and mixed vegetable bake** £8.50  
Puy lentils and mixed vegetables, in a vegan gravy, topped with bubble and squeak potato cakes, served with new potatoes and seasonal vegetables
- Homemade fish pie** £9.99  
Chunks of cod, salmon and smoked haddock in a creamy dill sauce, with Welsh Cheddar topped mash. Served with seasonal vegetables
- Taverner's chicken** £8.99  
Chargrilled chicken breast with Welsh Cheddar, back bacon and BBQ sauce, served with chips and dressed salad leaves

## SIDES

- Sweet potato fries** £2.79
  - Breaded halloumi fries** £2.79  
With a sweet chilli dip
- TRIO OF SIDES** Choose any 3 sides from below for £4.99
- Cheesy garlic ciabatta** £1.99
  - Garlic ciabatta** £1.49
  - Beer-battered onion rings** £1.79
  - Dressed side salad** £1.79  
With mixed grains and sweetcorn
  - Chips** £1.79
  - Green beans and broccoli** £1.99

## THE GREAT BRITISH SUNDAY ROAST

A selection of quality, traditional roasts, including beef, turkey and vegetarian  
**SERVED EVERY SUNDAY**

See our separate Sunday menu for more details

From **£8.99**

