

Indian Regional Dishes

Delicately blended exotic spices create the distinctive flavours found in many regions of India, each dish is rooted in traditional family recipes and showcases the diversity of Indian cuisine.

Chicken or Lamb Tikka Massala £7.95 Diced chicken of lamb, cooked in a luxuriously creamy sauce and topped with fresh cream.	Nawabi Chicken £7.95 Mildly spiced chicken, blended with almonds, mixed ground nuts and cream, a princely dish.	Tak-A-Tin £9.95 (served with a Balti or Pathia sauce) Chicken or lamb tikka, cooked with the chef's favourite seasonal ingredients and spices.
Tandoori Chicken Massala £7.95 Tandoori baked chicken cooked in butter and a creamy sauce, topped with cream.	Hasina Chilli Chicken £7.95 Very hot chicken tikka cooked in garlic, green chillies and special spices.	Murgh Massalam £8.95 Grilled spring chicken marinated in spices with minced lamb cooked in a special curry sauce.
Chicken or Lamb Badam Passanda £7.95 Chicken or lamb marinated in yoghurt cooked with fresh cream, ground nuts and spices.	Achari Murgh or Gosht £7.95 Chicken or Lamb cooked with our homemade pickle.	Roshun-e-Bahar £7.95 Chicken or lamb tikka, cooked in herbs, fresh spices, green chillies and aromatic garlic.
Kochi Murgh £7.95 Chicken cut in a special way, cooked in garlic & ginger, medium spiced sauce garnished with fried onions.	Shah Jahani Chicken £8.95 Chicken tikka, cooked with a sauce of fresh herbs, garlic, tomatoes and onions, in fairly hot sauce.	Mirch Zal-Zala £8.95 Tandoori baked chicken cooked in garlic with sun dried crisp red chillies, a truly hot and wholesome flavour.
Chicken Makhani £7.95 Barbecued chicken pieces, flavoured with herbs & spices, cooked in purified butter.	Gosht Kata Massala £7.95 Succulent lamb cooked in the tandoor and braised golden brown with onions, ginger, garlic and garam masala.	Sali Boti £8.25 Choice pieces of tender lamb, cooked with apricots in spicy massala. Lavishly garnished with straw potatoes.
Chicken or Lamb Jalfrezi £7.95 Chicken or lamb tikka, cooked with green chillies, capsicums, coriander & ginger, in a hot spicy sauce.	Murgh Bengal £7.95 Chicken marinated in Bengali spices, cooked in the tandoor. Served in a slightly hot sauce garnished with eggs and tomatoes.	Shatkora (Chicken or Lamb) £8.95 A tropical citrus fruit, Shatkora gives this medium dish a refreshing flavour and aroma.
Karahi Chicken or Lamb Tikka £7.95 Chicken or lamb marinated in spices, cooked with onions, green peppers, and tomatoes in a medium sauce.	Tandoori King Prawn Massala £12.95 An established choice of the societies of past and present. Baked in the tandoor, simmered with delicate medium spices, tomatoes, butter and cream.	Naga (Chicken or Lamb) £8.95 A fiery Sylheti pepper which works wonderfully well with spices to create a hot but distinctively flavoursome dish.

House Thalis

Our Prix Fixe options to sample what our menu has to offer

House Thali for 4 £62.00 Spicy Papadoms and Kebab Platter starters, followed by Lamb Roghan, Prawn Palak, Chicken Tikka Massala, and Chicken Pathia with Vegetable Bhaji, Mushroom Massala, Pilau Rice and Naan.	Vegetable Thali for 2 £22.00 Vegetable Samosa and Onion Bhaji starters followed by, Palak Paneer, Mushroom Massala, Sabzi Massala and Kabuli Chana Massala, accompanied with boiled rice and Naan.
House Thali for 2 £32.00 Spicy Papadoms, Chicken Tikka and Sheek Kebab Starters followed by, Lamb Dhansak, Chicken Tikka Massala & Naan.	Kurz-e-Gosht £69.95 (24 hours' notice and 50% deposit required) Truly Royal in heritage, greatly enjoyed by the Mughals. Serves 4; Whole leg of Lamb, marinated in the finest spices, slow roasted. Served with Kabuli Chana Rice
Murgh Thali for 2 £24.95 Chicken Tikka starters, followed by Murgh Masslam and Pilau Rice.	

Rice

Boiled Rice Boiled basmati rice. £2.50	Special Fried Rice With egg and peas. £3.25
Pilau Rice Mild basmati rice. £2.95	Chana Rice With chick peas. £3.25
Mushroom Rice With mushrooms. £3.25	Lemon Rice With lemons. £3.25
Saag Rice With spinach. £3.25	Vegetable Rice With mix vegetables. £3.25
Keema Rice With minced meat. £3.25	Chilli Rice With green chillies. £3.25

Vegetable Dishes

Side Dish: £3.95 Main Dish: £5.95

Vegetable Curry Mix vegetables cooked with spices and simmered to perfection in a medium sauce.	Bhaingan Bhagari Aubergine cooked using various spices, onions, and peppers topped with a hint of coriander.
Achari Sabzi Seasonal fresh vegetables cooked with panch phoran and our own pickle.	Kabuli Chana Massala Chick peas prepared with onions, tomatoes, herbs and spices. Served fairly dry.
Chana Dhal Chick peas and lentils cooked together with onions, tomatoes and coriander.	Cauliflower Bhaji Fresh cauliflower cooked dry with chopped onions and tomatoes with medium spices.
Saag Aloo Spicy combination of fresh spinach & potatoes.	Mushroom Bhaji Mushrooms cooked with onions, tomatoes and a combination of spices.
Bombay Aloo Spiced potatoes, served fairly dry.	Tarka Dhal Lentils cooked in butter, spices, caramelised garlic and fresh coriander.
Aloo Gobi Sautéed potatoes and cauliflower cooked with tomatoes & green peppers, in medium spices.	Saag or Matar Paneer Spinach or chick peas and Indian cheese cooked with mild spices.

Indian Breads

Naan £2.50 Baked in the tandoor (clay oven).	Coriander, Garlic & Chilli Naan £3.25 Filled with crushed garlic, chillies and coriander.	Stuffed Paratha £3.25 Lightly fried layered bread stuffed with mixed vegetables.
Keema Naan £3.25 Filled with spiced minced meat.	Kulcha Naan £3.25 Filled with cheese and onion.	Chilli Aloo Paratha £3.25 Lightly fried layered bread stuffed with potato & chilli.
Peshwari Naan £3.25 Filled with a sweetness of coconut, almonds and raisins.	Paratha £2.50 Lightly fried layered bread.	Tandoori Roti £2.50 Indian unleavened bread baked in the tandoor.
Garlic Naan £3.25 Filled with crushed garlic.	Chapati £1.50 Thin soft baked bread.	

Sundries

Chips £1.95	Raitha £1.95 Cucumber or Onion in mildly spiced yoghurt	Masala Papadoms 70p Spiced Crispy Bread
Spicy Chips £2.95 slightly hot	Papadoms Crispy Bread 60p	Chutney Tray £2.50
		Individual Pickles 75p

Alternative Choices

Steak & Chips £14.95	Chicken Nuggets & Chips £7.95	French Fried Chicken & Chips £9.95
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Mumtaz

INDIAN HAUTE CUISINE RESTAURANT AND TAKE AWAY

Our haute cuisine is freshly prepared using the finest ingredients available and cooked to an age old family recipe.

Ingredients are locally sourced where possible.

MENU

10% DISCOUNT ON TAKE AWAY ORDERS

478 – 480 Mumbles Road
Mumbles, Swansea, SA3 4BX
Tel: 01792 367210 / 01792 367196

OPENING HOURS:

Sunday – Thursday 5.30pm – 11pm
Friday – Saturday 5.30pm – 11.30pm

Fully Licensed Fully Air Conditioned
Ample convenient parking to front and rear

MANAGEMENT RESERVES ALL RIGHTS

FOOD ALLERGIES and INTOLERANCES

Please speak to our staff about the ingredients in your meal, when making your order.
Thank you.

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Starters

Chicken or Lamb Tikka £3.95	Kebab Platter £4.95
Chicken or lamb, marinated in yoghurt and spices then skewered in clay oven.	An extravagant assortment of sheek kebab, chicken and lamb tikka.
Sheek Kebab £3.95	Mahashash £3.95
Minced lamb with special herbs and spices, cooked in the tandoor.	Cabbage leaves stuffed with spiced lamb mince & rice. Slightly hot, sweet and sour.
Tandoori Chicken £3.95	Aloo Chaat £3.25
Chicken marinated in yoghurt with herbs and spices cooked on skewers in the tandoor	Small juicy pieces of potato in a sweet and sour sauce.
Tandoori King Prawn £6.00	Shami Kebab £3.95
Mildly spiced succulent king prawns grilled in the tandoor.	Spiced mince lamb shaped into round cakes and shallow fried.
King Prawn Butterfly £6.00	Sonali Fry £4.95
Whole spiced king prawn covered with breadcrumbs and deep fried.	Whitebait, fried with green chillies and spices.
Chicken or Lamb Chaat £3.95	Mushroom Surprise £4.50
Marinated chicken or lamb fried in butter with lemon, tomato & cucumber, sweet and sour.	A whole mushroom stuffed with spicy lamb minced meat.
Aloo Chana £3.95	Lamb Chops £4.95
Small Juicy pieces of potato, soft chickpeas spiced with a hot and sour sauce.	Choice lamb chops marinated in a special recipe of spices and grilled in the clay oven.
Samosa Vegetable £3.25 Meat £3.50	Salmon Tikka £6.00
Triangular shaped pastry stuffed with a choice of your filling.	Fillet of salmon lightly spiced in aromatic spices and cooked in the tandoor.
Onion Bhaji £3.25	Murgh Angara £4.95
Thinly sliced onions, gram flour and herbs shaped into round cakes and deep fried.	Battered fried boneless chicken, flavoured with curry leaves and green chillies.
Prawn Cocktail £3.50	Paneer Tikka £4.50
Succulent prawns in our own mayonnaise on a bed of green salad.	Indian cheese marinated in yoghurt and spices, skewered and cooked in our clay oven.
Prawn Puri £4.50	King Prawn Puri £6.50
Spiced prawns served with fried bread.	Succulent spiced king prawns, served with fried bread.

Spices of Goa

Shakuti Chicken or Lamb £7.95	Cafreal Chicken or Lamb £7.95
Chicken or Lamb tikka simmered with coconut cream and exotic spices in a hot, sweet and sour sauce.	A hot and spicy dish marinated with lemon juice and green chillies.
Goa Chicken or Lamb £7.95	Jhinga Caldeen £12.50
Fairly hot dish cooked with coconut, pineapple and a blend of several rare spices.	King Prawns with garlic, ginger, lime juice, coconut and green chillies.
	Goa King Prawn Massala £12.50
	King Prawns cooked with onions, tomatoes and Goan red masala.

Traditional Dishes

Curry (Medium, Madras or Vindaloo) £6.95	Roghan Josh Chicken, Lamb or Prawn £7.25
Chicken, Lamb or Prawn, this old favourite can be adjusted to your choice of sauce	Cooked with tomatoes and green peppers.
Bhuna £7.25	Chicken Muli £7.50
Chicken, Lamb or Prawn marinated with ground spices served in a medium spiced thick sauce.	Tandoori Chicken, in mild spices garnished with tomatoes and peppers.
Dupiaza £7.25	Handi Chicken, Lamb or Prawn £7.95
Chicken, Lamb or Prawn cooked with onions in a medium spiced sauce.	Served in its own saucepan to keep its flavour, cooked in medium sauce.
Pathia £7.25	Handi Silsilay Chicken, Lamb or Prawn £8.95
Chicken, Lamb or Prawn cooked in slightly sweet, sour and hot sauce with tomatoes.	A traditional handi dish cooked with mushrooms.
Korma Chicken, Lamb or Prawn £7.25	Zeera Chicken, Lamb or Prawn £7.95
Cooked with mild spices in a creamy sauce.	Cooked with pan roasted cumin seeds in a medium sauce creating a very aromatic dish.
Dhansak Chicken, Lamb or Prawn £7.25	Methi Chicken, Lamb or Prawn £8.50
Cooked in slightly sweet spices with a hot lentil sauce.	Cooked with fenugreek leaves making it a strong flavoured dish.
Palak (Spinach) £7.25	King Prawns £11.95
Chicken, Lamb or Prawn cooked with spinach in fresh herbs and spices.	Any of the above dishes can be enjoyed with King Prawns.

Seafood Dishes

Garlic Piza Chilli Fish £10.95	Dhandiya Telapiya £10.95
Fillet of Bangladeshi Telapiya fish cooked with hot spices and onions.	Lightly spiced Telapiya fish, gently baked in the tandoor, cooked with onions, tomatoes and special spices.
Clement Fish £10.95	Roop Chanda Fry £12.95
The taste of an Indian summer, sun dried Clementine peels with Telapiya fish in a medium sauce.	Roop Chanda fish, fried with caramelised onions, cooked in a lightly spiced base.
Machli Jalfrezi £10.95	Salamon Tikka Hyderi £13.95
White fish cooked with green chillies and capsicums in a fairly hot sauce.	Fillets of Salmon skewered in the tandoor and cooked in a medium spiced sauce.

Biryani Dishes

Chicken, Lamb or Prawn Biryani £8.95	Tandoori Chicken Biryani £10.95
Cooked with basmati rice, flavoured with mild spices. Served with a vegetable curry sauce.	Strips of tandoori chicken, cooked with basmati rice, flavoured with mild spices. Served with a vegetable curry sauce.
Chicken or Lamb Tikka Biryani £9.95	Tandoori King Prawn Biryani £12.95
Cooked with basmati rice, flavoured with mild spices. Served with a vegetable curry sauce.	King Prawns cooked with basmati rice, flavoured with mild spices. Served with a vegetable curry sauce.
Vegetable Biryani £7.95	Special Biryani £13.95
Cooked with basmati rice, flavoured with mild spices. Served with a vegetable curry sauce.	A combination of chicken & lamb tikka & king prawns cooked with basmati rice, flavoured with mild spices. Served with a vegetable curry sauce.

Health Conscious Menu

These dishes are cooked with olive oil, low calorie ingredients, fresh vegetables and garlic.	Hara Singri Piyazi £12.95
	King prawns cooked with fresh spring onions, ginger garlic, tomatoes, olives and apricot. Garnished with fried onions.
Mixed Salad £2.95	Vegetable dishes for the health conscious
Lettuce, tomatoes, cucumber, lemon, peppers and onions and green peas.	
Chicken or Lamb Tikka Salad	Prince Niramish £7.95
Boneless chicken or lamb tikka prepared with garlic and olives, served with a special salad.	Seasonal Bangladeshi vegetables cooked with olive oil and garlic.
Starter: £5.95 Main: £10.95	Bengal Shabzi £7.95
	Bangladeshi mixed vegetables cooked with light exotic spices served fairly dry.

Specialities of the Tandoor

From North India and the North West Frontier Tandoori dishes are marinated in unique spices and skewered in the tandoor (Clay Oven). Served with fresh green salad & mint yoghurt sauce.	Tandoori Mixed Grill £12.50
	Extravagant assortment of tandoori chicken, lamb tikka, chicken tikka and sheek kebab served with a naan bread.
Tandoori Chicken £7.95	Tandoori King Prawn £13.50
Half Chicken marinated in yoghurt with delicate herbs and spices cooked in the tandoor.	Mildly spiced succulent king prawns cooked in the clay oven.
Chicken or Lamb Tikka £7.95	Tandoori Trout £13.95
Boneless morsels of chicken or lamb marinated in yoghurt, spices then skewered in the tandoor.	A whole trout marinated in our chef's special recipe and grilled in the clay oven.
Chicken or Lamb Shashlik £9.95	Salmon Tikka £11.95
Diced chicken or lamb, onions, tomatoes, and capsicums marinated in yoghurt, spices then skewered in the tandoor.	Fillets of salmon lightly spiced with fresh herbs, spices and cooked in the tandoor.
Lamb Chops £12.50	Paneer Shashlik £8.95
Choice lamb chops marinated with fresh herbs and spices, grilled in the tandoor.	Indian cheese spiced in a special tandoori paste, skewered with onions, tomatoes & capsicums.

Balti Dishes

Our Balti dishes are carefully marinated in a specially prepared recipe of dried herbs and onions, cooked with authentic Indian spices it is a unique medium spiced dish. Served with Naan or Tandoori Roti	
Chicken, Lamb or Prawn Balti £8.95	Khyberli Balti £10.95
Chicken or Lamb Tikka Balti £9.95	Chicken or Lamb Shashlik Balti £10.95
Vegetable Balti £8.50	Lahore Special Balti £10.95
King Prawn Balti £12.95	(Chicken Tikka, Lamb Tikka and Prawns)