

## General Information

### Your Adventure starts on the Train or Coach

There are frequent trains to Swansea from all parts of the UK and main airports; direct from London Paddington, Reading, Bristol, Cardiff and Manchester; or with one simple interchange from most other parts of the UK and principal airports.

National Rail **08457 48 49 50** • [www.nationalrail.co.uk](http://www.nationalrail.co.uk)

There are coaches from all parts of the UK; direct from central London, Gatwick and Heathrow Airports, Birmingham, Bristol and Cardiff; or one simple interchange from most other parts of the UK.

National Express: [www.nationalexpress.com](http://www.nationalexpress.com) Megabus: [www.megabus.com](http://www.megabus.com)

### Travelling around Swansea, Mumbles & Gower

Frequent buses link Swansea's train and bus stations; the coach station is adjacent to the bus station. Buses to Gower and Mumbles leave from the bus station.

Local bus timetables are available at the bus station.

Plan your journey: Trveline Cymru **0800 464 00 00** • [www.traveline.cymru](http://www.traveline.cymru)



## Adventures in Gower Mumbles and the city of Swansea without a car



Every care has been taken to ensure that information in this leaflet was correct when going to press but ticket prices, services and facilities can be subject to alteration at short notice

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[www.swanseabaywithoutacar.com](http://www.swanseabaywithoutacar.com)



2018-19

**This is the Year of the Sea**  
Visit the Epic Shores of Gower by Bus  
Walk its spectacular Coast Path  
Great Countryside, Heritage and History

**Swansea Visitor Attractions** – On poor weather days or just for a change, take the bus into Swansea for its huge range of attractions, entertainment and eating out. The National Waterfront Museum, the LC (Swansea's iconic leisure centre) and Swansea Market are three attractions a short walk from the City Bus Station.

**Activities outdoors** – Gower is great for adventure activities; sailing at Oxwich; surfing at Langland, Caswell and Rhossili Bays; boat trips from Mumbles and Oxwich Bay; archery, shooting and falconry at Perriswood; kite flying at Pitton Cross; and many more.



**Heritage and Legend** – Gower is full of history, heritage and legends including the Gower Heritage Centre in Parkmill, a rural life museum and craft centre. Gower is home to fifteen historic churches and four medieval castles. From the legendary King Arthur to the memorial to Antarctic explorer Edgar Evans, Gower is full of legends, past and present.

**Nature & Wildlife Reserves** – Gower is home to three of Wales' National Nature Reserves; at Oxwich Bay, Gower Coast (Rhossili) and Whiteford (Llanmadoc) and smaller reserves run by the Wildlife Trust. All are easily reached by bus.

**Beaches** – all of Gower's amazing beaches are accessible by bus; it's a short walk to some.

**Other Gower Walks** – The 35 mile Gower Way crosses the peninsula from Worm's Head Rhossili over Gower's highest point to Penllie'r Castell in the ancient Lordship of Gower. There are many shorter walks criss-crossing Gower.

**Gower Coast Path** – The ultimate coastal adventure! The entire length of the path is accessible at key points by the bus network.

Yes, the sense of anticipation grows as you see Gower and Swansea Bay unfolding before your eyes. You can get all over Gower and to most activities directly by bus.

### Your Adventure starts on the Bus

Gower has a comprehensive bus network linking Swansea to its beaches; the Coast Path and other walks; nature reserves; visitor attractions; and accessing outdoor activities. All parts of Mumbles are well served with local buses. Buses run weekdays all year in Mumbles and also in Gower on Sundays & Public Holidays in late spring and summer.

### Gower and Mumbles without a car!

## Welcome to

## Buses in Gower and Mumbles

There are three principal routes in Gower with connecting links to smaller bays and villages. All parts of Mumbles are served frequently directly from Swansea.

New Adventure Travel buses run approximately every hour daytime (weekdays) on main south and north Gower routes and less frequently on connecting routes.

First Cymru runs every hour daytime (weekdays) on the Bishopston and Pennard route.

First Cymru also serves Mumbles every 15 minutes daytime (weekdays) and twice an hour Sundays and public holidays.

Gower Sunday Explorer runs on Sundays and Public Holidays to and within Gower from 27 May to 2 September.

### Your ticket to ride

(prices correct as at April 2018 and subject to alteration)

**Gower Day Rider** – Unlimited travel all day only on NAT services 11.4 to 11.19 for £5.00 adult; £3.40 16 & under.

**Gower Off Peak** – Unlimited travel in Gower west of Killay and Gower east after 08.45 hrs; £3.50 flat fare

**First Day Swansea Bay** – Unlimited travel on First Cymru buses throughout Swansea City most of Swansea Bay (excludes most of Gower) for £4.50\* adult; £3.00 16 & under\*\*

\*£4.00 on app \*\*also 16-18 year olds with 'mytravelpass'

**Family tickets** – There are family versions of Gower Rider and First Swansea City tickets for both daily and weekly travel.

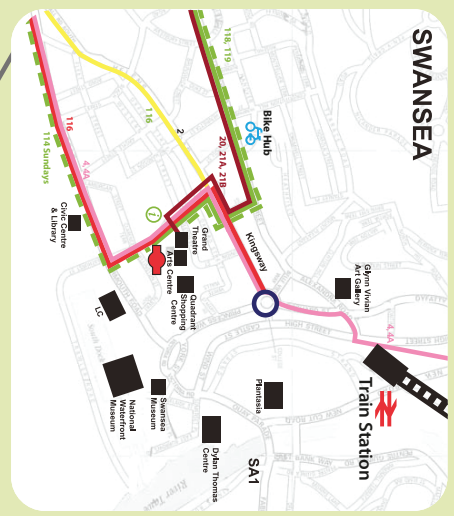
**Explore Wales Pass/Explore South Wales Pass** – Holders of these passes can use them without restriction on all bus services to and within Swansea and Mumbles (not Gower).

**Wales Concessionary Travel Pass** – Seniors and others entitled to this and resident in Wales can travel on all bus services within Swansea, Mumbles and Gower free of charge!



# Gower and Mumbles by bus

Escape to a special place without the car



## Gower Bus Routes

- 2, 2A, 2B, 2C, 14 Swansea - Mumbles, Swansea - Pennard Cliffs
- 117, 118, 119 Swansea / Killey - South Gower
- 114 Swansea - South Gower (Summer, Sundays and Public Holidays)
- 116 Swansea - North Gower
- 115 Llanidrian / Llanmadoc - Horton / Port Eynon
- 22 Swansea - Three Crosses

## Footpaths & Cycle Routes

- Popular Inland Walks
- Gower Coast Path
- Gower Way
- Blackpill - Gowerton - Penclawdd
- Cycle & Walking Path

## Key to Attractions & Services

- B & B
- Cafe
- Meals & Drinks
- Information
- Youth Hostel
- General Store
- Hotel
- Post Office
- Public Toilets
- Pharmacy
- Hospital/A&E
- Train Station
- Bus Station
- Bus Stop
- Bays, Beaches
- Boat Trips
- Surfing
- Swimming Pool
- Cycle Hire
- Nature Reserve
- Woodland
- Historic Church
- Heritage Centre
- Standing Stone
- Castle
- Archery
- Public Access Land

Please note these routes are approximate and an Ordnance Survey Map should be used in conjunction with this map.