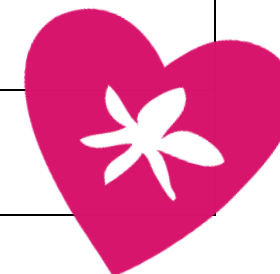


Summer Holidays – Week 1

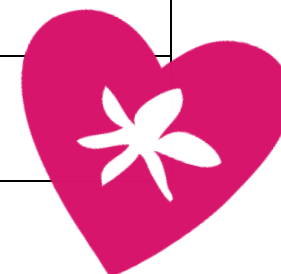
\* Booking required

Monday 19 July	Tuesday 20 July	Wednesday 21 July	Thursday 22 July	Friday 23 July	Sunday 25 July
9:30 – 10:15 <b>Balance Bikes*</b> (Age 2 – 5) Cwmdonkin Park	9:30 – 10:15 <b>Balance Bikes*</b> (Age 2 – 5) Cwmdonkin Park	10:00 – 10:45 <b>Low Impact Fitness*</b> (Older adults) Brynmill Park	9:30 – 10:15 <b>Balance Bikes*</b> (Age 2 – 5) Cwmdonkin Park	9:30 – 10:15 <b>Balance Bikes*</b> (Age 2 – 5) Cwmdonkin Park	2:00 - 3:15 <b>Mountain Boarding*</b> (Age 6+) Parc Llewelyn
11:00 - 12:00 <b>Multi Sports*</b> (Age 5 – 11) Ravenhill Park	10:00 – 11:00 <b>Nordic Walk*</b> Ravenhill Park	10:00 – 12:00 <b>Companion Cycling*</b> Dunvant Rugby	10:00 – 3:00 <b>Us Girls*</b> (Age 8 – 14) Bishopston Leisure Centre	10:00 – 11:00 <b>Family Zumba*</b> (Age 5+) Ravenhill Park	3:30 – 4:45 <b>Mountain Boarding*</b> (Age 6+) Parc Llewelyn
12:00 – 2:00 <b>Family Canoeing*</b> (Age 8+) Coed Gwilym Park	10:00 – 3:00 <b>Us Girls*</b> (Age 8 – 14) Penlan Leisure Centre	10:30 – 11:30 <b>Welsh Family Summer Sports*</b> Parc Llewelyn	11:30 – 12:30 <b>Multi Sports*</b> (Age 5 – 11) Parc Y Werin	11:30 – 12:30 <b>Family Boccia*</b> Ravenhill Park	
2:00 – 3:00 <b>Skate*</b> (Age 8 – 11) Bishopston Primary School	11:30 – 12:30 <b>Multi Sports*</b> (Age 5 – 11) Brynmelyn Park	12:00 – 2:00 <b>Women &amp; Girls Stand Up Paddleboarding*</b> (Age 16+) Coed Gwilym Park	12:30 – 1:15 <b>Family Circuits*</b> (Age 5+) Brynmill Park	11:30 – 12:30 <b>Multi Sports*</b> (Age 5 – 10) Parc Llewelyn	
	2:00 – 3:00 <b>Football*</b> (Age 11 – 16) Ravenhill Park	2:00 – 3:00 <b>Beach Games*</b> (Age 5 – 11) Swansea Bay Foreshore	2:00 – 3:00 <b>Family Summer Sports*</b> Brynmill Park	12:00 – 2:00 <b>Family Stand Up Paddleboarding*</b> (Age 8+) Coed Gwilym Park	
	4:00 – 5:00 <b>Basketball &amp; Dodgeball*</b> (Age 11+) Townhill Pheonix Centre	3:30 – 4:30 <b>Beach Volleyball*</b> (Age 11 – 16) Swansea Bay Foreshore	4:00 – 5:00 <b>Football*</b> (Age 11 – 16) Parc Y Werin	12:30 – 1:30 <b>Family Zumba*</b> (Age 5+) Brynmill Park	
	6:00 – 6:45 <b>Circuits*</b> (Age 5+) Ravenhill Park			2:00 – 3:00 <b>Multi Sports*</b> (Age 5 – 11) Coed Gwilym	



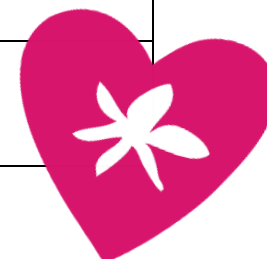
Summer Holidays – Week 2 \* **Booking required**

Monday 26 July	Tuesday 27 July	Wednesday 28 July	Thursday 29 July	Friday 30 July	Saturday 31 July
9:30 – 10:15 <b>Balance Bikes*</b> (Age 2 – 5) Ravenhill Park	9:30 – 10:15 <b>Balance Bikes*</b> (Age 2 – 5) Ravenhill Park	9:30 – 10:15 <b>Balance Bikes*</b> (Age 2 – 5) Ravenhill Park	9:30 – 10:15 <b>Balance Bikes*</b> (Age 2 – 5) Ravenhill Park	9:30 – 10:15 <b>Balance Bikes*</b> (Age 2 – 5) Ravenhill Park	2:00 - 3:15 <b>Mountain Boarding*</b> (Age 6+) Jersey Park
11:00 - 12:00 <b>Multi Sports*</b> (Age 5 – 11) Ravenhill Park	10:00 – 11:00 <b>Nordic Walk*</b> Ravenhill Park	10:00 – 10:45 <b>Low Impact Fitness*</b> (Older adults) Brynmill Park	10:00 – 3:00 <b>Us Girls*</b> (Age 8 – 14) Morrison Leisure Centre	10:00 – 11:00 <b>Family Zumba*</b> (Age 5+) Ravenhill Park	3:30 – 4:45 <b>Mountain Boarding*</b> (Age 6+) Jersey Park
12:00 – 2:00 <b>Family Canoeing*</b> (Age 8+) White Rock Heritage Park	10:00 – 3:00 <b>Us Girls*</b> (Age 8 – 14) Penlan Leisure Centre	10:00 – 12:00 <b>Companion Cycling*</b> Dunvant Rugby	11:30 – 12:30 <b>Multi Sports*</b> (Age 5 – 11) Parc Y Werin	11:30 – 12:30 <b>Family Boccia*</b> Ravenhill Park	
2:00 – 3:00 <b>Multi Sports*</b> (Age 5 – 11) Jersey Park	11:30 – 12:30 <b>Multi Sports*</b> (Age 5 – 11) Brynmelyn Park	10:30 – 11:30 <b>Welsh Family Summer Sports*</b> Parc Llewelyn	12:30 – 1:15 <b>Family Circuits*</b> (Age 5+) Brynmill Park	11:30 – 12:30 <b>Multi Sports*</b> (Age 5 – 11) Parc Llewelyn	
3:30 – 4:30 <b>Football*</b> (Age 11 - 16) Jersey Park	2:00 – 3:00 <b>Dodgeball*</b> (Age 11 – 16) Ravenhill Park	12:00 – 2:00 <b>Women &amp; Girls Stand Up Paddleboarding*</b> (Age 16+) White Rock Heritage Park	2:00 – 3:00 <b>Family Summer Sports*</b> Brynmill Park	12:00 – 2:00 <b>Family Stand Up Paddleboarding*</b> (Age 8+) White Rock Heritage Park	
	4:00 – 5:00 <b>Basketball &amp; Dodgeball*</b> (Age 11+) Townhill Pheonix Centre	2:00 – 3:00 <b>Beach Games*</b> (Age 5 – 11) Swansea Bay Foreshore	4:00 – 5:00 <b>Dodgeball*</b> (Age 11 – 16) Parc Y Werin	12:30 – 1:30 <b>Family Zumba*</b> (Age 5+) Brynmill Park	
	6:00 – 6:45 <b>Circuits*</b> (Age 5+) Ravenhill Park	3:30 – 4:30 <b>Beach Volleyball*</b> (Age 11 – 16) Swansea Bay Foreshore		2:00 – 3:00 <b>Multi Sports*</b> (Age 5 – 11) Coed Gwilym Park	



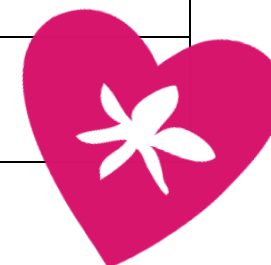
Summer Holidays – Week 3 \*Booking required

Monday 2 August	Tuesday 3 August	Wednesday 4 August	Thursday 5 August	Friday 6 August	Saturday 7 August
9:30 – 10:15 <b>Balance Bikes*</b> (Age 2 – 5) Parc Llewelyn	9:30 – 10:15 <b>Balance Bikes*</b> (Age 2 – 5) Parc Llewelyn	9:30 – 10:15 <b>Balance Bikes*</b> (Age 2 – 5) Parc Llewelyn	9:30 – 10:15 <b>Balance Bikes*</b> (Age 2 – 5) Parc Llewelyn	9:30 – 10:15 <b>Balance Bikes*</b> (Age 2 – 5) Parc Llewelyn	10:00 - 11:15 <b>Mountain Boarding*</b> (Age 6+) Ravenhill Park
11:00 - 12:00 <b>Multi Sports*</b> (Age 5 – 11) Ravenhill Park	10:00 – 11:00 <b>Nordic Walk*</b> Ravenhill Park	10:00 – 10:45 <b>Low Impact Fitness*</b> (Older adults) Brynmill Park	10:00 – 3:00 <b>Us Girls*</b> (Age 8 – 14) Cefn Hengoed Leisure Centre	10:00 – 11:00 <b>Family Zumba*</b> (Age 5+) Ravenhill Park	11:30 – 12:45 <b>Mountain Boarding*</b> (Age 6+) Ravenhill Park
12:00 – 2:00 <b>Canoeing*</b> (Age 11 – 16) Coed Gwilym Park	10:00 – 3:00 <b>Us Girls*</b> (Age 8 – 14) Penlan Leisure Centre	10:00 – 12:00 <b>Companion Cycling*</b> Dunvant Rugby	11:30 – 12:30 <b>Multi Sports*</b> (Age 5 – 11) Parc Y Werin	10:00 – 11:00 <b>Family Boccia*</b> Parc Llewelyn	
2:00 – 3:00 <b>Skate*</b> (Age 11 – 16) Bishopston Primary School	11:30 – 12:30 <b>Multi Sports*</b> (Age 5 – 11) Brynmelyn Park	10:30 – 11:30 <b>Welsh Family Summer Sports*</b> Parc Llewelyn	12:30 – 1:15 <b>Family Circuits*</b> (Age 5+) Brynmill Park	11:30 – 12:30 <b>Multi Sports*</b> (Age 5 – 11) Parc Llewelyn	
	2:00 – 3:00 <b>Touch Rugby*</b> (Age 11 – 16) Ravenhill Park	12:00 – 2:00 <b>Women &amp; Girls Stand Up Paddleboarding*</b> (Age 16+) Coed Gwilym Park	2:00 – 3:00 <b>Family Summer Sports*</b> Brynmill Park	12:00 – 2:00 <b>Stand Up Paddleboarding*</b> (Age 11 – 16) Coed Gwilym Park	
	4:00 – 5:00 <b>Basketball &amp; Dodgeball*</b> (Age 11+) Townhill Pheonix Centre	1:30 – 3:30 <b>National Play Day</b> Activities and venue to be confirmed	4:00 – 5:00 <b>Touch Rugby*</b> (Age 11 – 16) Parc Y Werin	12:30 – 1:30 <b>Family Zumba*</b> (Age 5+) Brynmill Park	
	6:00 – 6:45 <b>Circuits*</b> (Age 5+) Ravenhill Park			2:00 – 3:00 <b>Multi Sports*</b> (Age 5 – 11) Coed Gwilym	



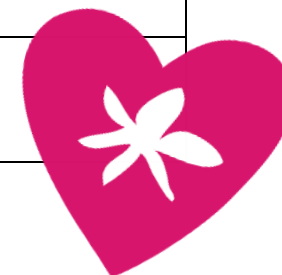
Summer Holidays – Week 4 \* **Booking required**

Monday 9 August	Tuesday 10 August	Wednesday 11 August	Thursday 12 August	Friday 13 August	Saturday 14 August
9:30 – 10:15 <b>Balance Bikes*</b> (Age 2 – 5) Coed Bach Park	9:30 – 10:15 <b>Balance Bikes*</b> (Age 2 – 5) Coed Bach Park	9:30 – 10:15 <b>Balance Bikes*</b> (Age 2 – 5) Coed Bach Park	9:30 – 10:15 <b>Balance Bikes*</b> (Age 2 – 5) Coed Bach Park	10:00 – 11:00 <b>Family Zumba*</b> (Age 5+) Ravenhill Park	2:00 - 3:15 <b>Mountain Boarding*</b> (Age 6+) Clyne Gardens
11:00 - 12:00 <b>Multi Sports*</b> (Age 5 – 11) Ravenhill Park	10:00 – 11:00 <b>Nordic Walk*</b> Ravenhill Park	10:00 – 10:45 <b>Low Impact Fitness*</b> (Older adults) Brynmill Park	10:00 – 3:00 <b>Us Girls*</b> (Age 8 – 14) Penyrheol Leisure Centre	12:00 – 2:00 <b>Stand Up Paddleboarding*</b> (Age 11 – 16) White Rock Heritage Park	3:30 – 4:45 <b>Mountain Boarding*</b> (Age 6+) Clyne Gardens
12:00 – 2:00 <b>Canoeing*</b> (Age 11 – 16) White Rock Heritage Park	10:00 – 3:00 <b>Us Girls*</b> (Age 8 – 14) Penlan Leisure Centre	10:00 – 12:00 <b>Companion Cycling*</b> Dunvant Rugby	11:30 – 12:30 <b>Multi Sports*</b> (Age 5 – 11) Parc Y Werin	12:30 – 1:30 <b>Family Zumba*</b> (Age 5+) Brynmill Park	
2:00 – 3:00 <b>Multi Sports*</b> (Age 5 – 11) Jersey Park	11:30 – 12:30 <b>Multi Sports*</b> (Age 5 – 11) Brynmelyn Park	10:30 – 11:30 <b>Welsh Family Summer Sports*</b> Parc Llewelyn	12:30 – 1:15 <b>Family Circuits*</b> (Age 5+) Brynmill Park	2:00 – 7:00 <b>Seafront Engagement Event *</b> Swansea Bay Foreshore – The Secret Beach Bar & Kitchen	
3:30 – 4:30 <b>Touch Rugby*</b> (Age 11 - 16) Jersey Park	2:00 – 3:00 <b>Volleyball*</b> (Age 11 – 16) Ravenhill Park	12:00 – 2:00 <b>Women &amp; Girls Stand Up Paddleboarding*</b> (Age 16+) White Rock Heritage Park	2:00 – 3:00 <b>Family Summer Sports*</b> Brynmill Park		
	4:00 – 5:00 <b>Basketball &amp; Dodgeball*</b> (Age 11+) Townhill Pheonix Centre	2:00 – 3:00 <b>Beach Games*</b> (Age 5 – 11) Swansea Bay Foreshore	4:00 – 5:00 <b>Volleyball*</b> (Age 11 – 16) Parc Y Werin		
	6:00 – 6:45 <b>Circuits*</b> (Age 5+) Ravenhill Park	3:30 – 4:30 <b>Beach Volleyball*</b> (Age 11 – 16) Swansea Bay Foreshore			



Summer Holidays – Week 5 \*Booking required

Monday 16 August	Tuesday 17 August	Wednesday 18 August	Thursday 19 August	Friday 20 August	Sunday 22 August
9:30 – 10:15 <b>Balance Bikes*</b> (Age 2 – 5) Coed Gwilym Park	9:30 – 10:15 <b>Balance Bikes*</b> (Age 2 – 5) Coed Gwilym Park	9:30 – 10:15 <b>Balance Bikes*</b> (Age 2 – 5) Coed Gwilym Park	9:30 – 10:15 <b>Balance Bikes*</b> (Age 2 – 5) Coed Gwilym Park	9:30 – 10:15 <b>Balance Bikes*</b> (Age 2 – 5) Coed Gwilym Park	10:00 - 11:15 <b>Mountain Boarding*</b> (Age 6+) Jersey Park
11:00 - 12:00 <b>Multi Sports*</b> (Age 5 – 11) Ravenhill Park	10:00 – 11:00 <b>Nordic Walk*</b> Ravenhill Park	10:00 – 10:45 <b>Low Impact Fitness*</b> (Older adults) Brynmill Park	10:00 – 3:00 <b>Us Girls*</b> (Age 8 – 14) The LC Swansea	10:00 – 11:00 <b>Family Zumba*</b> (Age 5+) Ravenhill Park	11:30 – 12:45 <b>Mountain Boarding*</b> (Age 6+) Jersey Park
12:00 – 2:00 <b>Family Canoeing*</b> (Age 8+) Coed Gwilym Park	10:00 – 3:00 <b>Us Girls*</b> (Age 8 – 14) Penlan Leisure Centre	10:00 – 12:00 <b>Companion Cycling*</b> Dunvant Rugby	11:30 – 12:30 <b>Multi Sports*</b> (Age 5 – 11) Parc Y Werin	11:00 – 12:00 <b>Family Boccia*</b> Brynmill Park	
2:00 – 3:00 <b>Skate*</b> (Age 8 – 16) Bishopston Primary School	11:30 – 12:30 <b>Multi Sports*</b> (Age 5 – 11) Brynmelyn Park	10:30 – 11:30 <b>Welsh Family Summer Sports*</b> Parc Llewelyn	12:30 – 1:15 <b>Family Circuits*</b> (Age 5+) Brynmill Park	11:30 – 12:30 <b>Multi Sports*</b> (Age 5 – 11) Parc Llewelyn	
	2:00 – 3:00 <b>Dodgeball*</b> (Age 11 – 16) Ravenhill Park	12:00 – 2:00 <b>Women &amp; Girls Stand Up Paddleboarding*</b> (Age 16+) Coed Gwilym Park	2:00 – 3:00 <b>Family Summer Sports*</b> Brynmill Park	12:00 – 2:00 <b>Family Stand Up Paddleboarding*</b> (Age 8+) Coed Gwilym Park	
	4:00 – 5:00 <b>Basketball &amp; Dodgeball*</b> (Age 11+) Townhill Pheonix Centre	2:00 – 3:00 <b>Beach Games*</b> (Age 5 – 11) Swansea Bay Foreshore	4:00 – 5:00 <b>Football*</b> (Age 11 – 16) Parc Y Werin	12:30 – 1:30 <b>Family Zumba*</b> (Age 5+) Brynmill Park	
	6:00 – 6:45 <b>Circuits*</b> (Age 5+) Ravenhill Park	3:30 – 4:30 <b>Beach Volleyball*</b> (Age 11 – 16) Swansea Bay Foreshore		2:00 – 3:00 <b>Multi Sports*</b> (Age 5 – 11) Coed Gwilym	



Summer Holiday – Week 6 \* Booking required

Monday 23 August	Tuesday 24 August	Wednesday 25 August	Thursday 26 August	Friday 27 August	Saturday 28 August
9:30 – 10:15 <b>Balance Bikes*</b> Jersey Park (Age 2 – 5)	9:30 – 10:15 <b>Balance Bikes*</b> Jersey Park (Age 2 – 5)	9:30 – 10:15 <b>Balance Bikes*</b> Jersey Park (Age 2 – 5)	9:30 – 10:15 <b>Balance Bikes*</b> Jersey Park (Age 2 – 5)	9:30 – 10:15 <b>Balance Bikes*</b> Jersey Park (Age 2 – 5)	2:00 - 3:15 <b>Mountain Boarding*</b> (Age 6+) Parc Llewelyn
11:00 - 12:00 <b>Multi Sports*</b> (Age 5 – 11) Ravenhill Park	10:00 – 11:00 <b>Nordic Walk*</b> Ravenhill Park	10:00 – 10:45 <b>Low Impact Fitness*</b> (Older adults) Brynmill Park	11:30 – 12:30 <b>Multi Sports*</b> (Age 5 – 11) Parc Y Werin	10:00 – 11:00 <b>Family Zumba*</b> (Age 5+) Ravenhill Park	3:30 – 4:45 <b>Mountain Boarding*</b> (Age 6+) Parc Llewelyn
2:00 – 3:00 <b>Multi Sports*</b> (Age 5 – 11) Jersey Park	11:30 – 12:30 <b>Multi Sports*</b> (Age 5 – 11) Brynmelyn Park	10:00 – 12:00 <b>Companion Cycling*</b> Dunvant Rugby	12:30 – 1:15 <b>Family Circuits*</b> (Age 5+) Brynmill Park	11:00 – 12:00 <b>Family Bocchia*</b> Brynmill Park	
3:30 – 4:30 <b>Dodgeball*</b> (Age 11 - 16) Jersey Park	2:00 – 3:00 <b>Football*</b> (Age 11 – 16) Ravenhill Park	12:00 – 2:00 <b>Women &amp; Girls Stand Up Paddleboarding*</b> (Age 16+) White Rock Heritage Park	2:00 – 3:00 <b>Family Summer Sports*</b> Brynmill Park	11:30 – 12:30 <b>Multi Sports*</b> (Age 5 – 11) Parc Llewelyn	
	4:00 – 5:00 <b>Basketball &amp; Dodgeball*</b> (Age 11+) Townhill Pheonix Centre	2:00 – 3:00 <b>Beach Games*</b> (Age 5 – 11) Swansea Bay Foreshore	4:00 – 5:00 <b>Dodgeball*</b> (Age 11 – 16) Parc Y Werin	12:30 – 1:30 <b>Family Zumba*</b> (Age 5+) Brynmill Park	
	6:00 – 6:45 <b>Circuits*</b> (Age 5+) Ravenhill Park	3:30 – 4:30 <b>Beach Volleyball*</b> (Age 11 – 16) Swansea Bay Foreshore		2:00 – 3:00 <b>Multi Sports*</b> (Age 5 – 11) Coed Gwilym Park	

Summer Holidays – Week 7 \* **Booking required**

Monday 30 August	Tuesday 31 August	Wednesday 1 September	Thursday 2 September	Friday 3 September	Saturday 4 September
Bank Holiday	10:00 – 11:00 <b>Nordic Walk*</b> Ravenhill Park	10:00 – 10:45 <b>Low Impact Fitness*</b> (Older adults) Brynmill Park	12:30 – 1:15 <b>Circuits*</b> Brynmill Park	10:00 – 11:00 <b>Zumba*</b> Ravenhill Park	
	4:30 – 5:30 <b>Multi Sports*</b> (Age 5 – 11) Brynmelyn Park	10:00 – 12:00 <b>Companion Cycling*</b> Dunvant Rugby	4:30 – 5:30 <b>Family Summer Sports*</b> Brynmill Park	12:30 – 1:30 <b>Zumba*</b> Brynmill Park	
	6:00 – 6:45 <b>Circuits*</b> Ravenhill Park	4:30 – 5:30 <b>Welsh Family Summer Sports*</b> Parc Llewelyn			
		5:00 – 6:30 <b>Basketball &amp; Dodgeball*</b> (Age 11+) Townhill Pheonix Centre			

