

Monday 25 October	Tuesday 26 October	Wednesday 27 October	Thursday 28 October	Friday 29 October	Saturday 30 October
9:30 – 10:15 Beginners Balance Bikes* (Age 2 – 5) Ravenhill Park MUGA	9:30 – 10:15 Beginners Balance Bikes* (Age 2 – 5) Coed Gwilym Park MUGA	9:30 – 10:15 Beginners Balance Bikes* (Age 2 – 5) Parc Llewelyn Tennis Courts	9:30 – 10:15 Beginners Balance Bikes* (Age 2 – 5) Cwmdonkin Park Tennis Courts	9:30 – 10:15 Beginners Balance Bikes* (Age 2 – 5) Coed Bach Park Tennis Courts	10:00 – 11:00 Tai Chi* (Age 16+) St Phillips Community Centre
10:30 – 11:00 Family Welly Walk* (Age 5 and under) Ravenhill Park	9:30 – 10:15 Circuits* (Age 16+) Manselton Community Centre	10:00 – 12:00 Companion Cycling* (Adults Only) Dunvant Rugby Club	9:30 – 10:15 Circuits* (Age 16+) Birchgrove Community Centre	10:00 – 11:00 Zumba* (Adults Only) Grand Theatre	10:00 – 11:15 Mountain Boarding Beginner Session* (Age 6 – adult) Ravenhill Park
10:45 – 11:30 Advanced Balance Bikes* (Age 2 – 5) Ravenhill Park MUGA	10:00 – 11:00 Nordic Walking* (Adults Only) Ravenhill Park	10:30 – 11:00 Family Welly Walk* (Age 5 and under) Parc Llewelyn Tennis Courts	10:00 – 3:00 Us Girls Camp* (Girls aged 8 – 14) The LC	10:30 – 11:00 Family Welly Walk* (Age 5 and under) Coed Bach Park	11:30 – 12:45 Mountain Boarding Progression Session* (Age 6 – adult) Ravenhill Park
11:45 – 12:15 Family Welly Walk* (Age 5 and under) Ravenhill Park	10:00 – 3:00 Us Girls Camp (Girls aged 8 – 14) Penlan Leisure Centre	10:45 – 11:30 Advanced Balance Bikes* (Age 2 – 5) Parc Llewelyn Tennis Courts	10:30 – 11:00 Family Welly Walk* (Age 5 and under) Cwmdonkin Park	10:45 – 11:30 Advanced Balance Bikes* (Age 2 – 5) Coed Bach Park Tennis Courts	
12:00 – 1:00 Multi Sports* (Age 5 – 11) Ravenhill Park MUGA	10:30 – 11:00 Family Welly Walk* (Age 5 and under) Coed Gwilym Park	11:45 – 12:15 Family Welly Walk* (Age 5 and under) Parc Llewelyn	10:45 – 11:30 Advanced Balance Bikes* (Age 2 – 5) Cwmdonkin Park Tennis Courts	11:45 – 12:15 Family Welly Walk* (Age 5 and under) Coed Bach Park	
	10:45 – 11:30 Advanced Balance Bikes* (Age 2 – 5) Coed Gwilym Park MUGA	12:00 – 1:00 Multi Sports* (Age 5 – 11) Parc Llewelyn Tennis Courts	11:45 – 12:15 Family Welly Walk* (Age 5 and under) Cwmdonkin Park	12:00 – 1:00 Multi Sports* (Age 5 – 11) Coed Bach Park Tennis Courts	
	11:45 – 12:15 Family Welly Walk* (Age 5 and under) Coed Gwilym Park	12:00 – 2:00 Us Girls Stand Up Paddle Boarding* (Girls aged 8-14) Coed Gwilym Park	12:00 – 1:00 Multi Sports* (Age 5 – 11) Cwmdonkin Park Tennis Courts		
	12:00 – 1:00 Multi Sports* (Age 5 – 11) Coed Gwilym Park MUGA		12:00 – 2:00 Stand Up Paddle Boarding* (Age 11-16) Coed Gwilym Park		
	12:00 – 2:00 Family Stand Up Paddle Boarding* (Age 8+) Coed Gwilym Park – Swansea Canal				

